



As we draw near to our **Witnesses Refresh Commitment Sunday on June 2**, and to welcoming our new Assistant Pastor of Equipping, Wes Martin, on June 16, Calvary's Session is calling for a Week of Prayer & Fasting from Monday, May 27 - Friday, May 31. Join us, as we ask the Lord how He would have us steward our time, talent, and treasure for His mission of bearing witness to Jesus in our community and throughout the world.

We are asking that the Lord would enable us to operate out of a position of our freedom in Christ, rather than out of a position of compulsion, duty, or fear. As you pray and as you seek God's wisdom for how He would have you contribute to the **Witnesses Refresh**, remember that in Christ you are those who are:

- Free from bondage to live as those who are truly free (Gal. 5:1)
- Free from condemnation to live as those who are accepted by God (Romans 8:1-2)
- Free from fear to live as those who are the sons and daughters of God (Romans 8:15)
- Free from results to live as open-handed servants of God (1Peter 2:16)
- Free from selfish desires to live out the great commandments of love for God and love for neighbor (Gal. 5:13)

A helpful tool for understanding the purpose of a day of prayer and fasting, written by David Mathis in an excerpt from his book, *Habits of Grace*, can be found at <http://www.desiringgod.org/articles/fasting-for-beginners>,

To assist you with your day of prayer and fasting, below, please find a guide you can use to lead you into God's Word and to His throne of grace. We have included 10 seasons with corresponding Scriptures through which you might pray. Each season could correspond with a particular hour of the day, so that we might seek His face throughout the day. For example, you could start with season 1 at 8am, followed by season 2 at 9am and so on. If you miss an hour (i.e. 10am), you would just pick up with the next season (3) the next hour (11am).

May the Lord be glorified in and through His Church throughout this and every generation (Eph. 3:21), and may He give us the grace to move forward in unity (John 17:22-23).

## SEASONS OF GUIDED PRAYER

### Season 1 - Hunger and Thirst to Follow Jesus (Matthew 5:1-11)

<sup>1</sup> Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him. <sup>2</sup> And he opened his mouth and taught them, saying: <sup>3</sup> "Blessed are the poor in spirit, for theirs is the kingdom of heaven. <sup>4</sup> "Blessed are those who mourn, for they shall be comforted. <sup>5</sup> "Blessed are the meek, for they shall inherit the earth. <sup>6</sup> "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. <sup>7</sup> "Blessed are the merciful, for they shall receive mercy. <sup>8</sup> "Blessed are the pure in heart, for they shall see God. <sup>9</sup> "Blessed are the peacemakers, for they shall be called sons of God. <sup>10</sup> "Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. <sup>11</sup> "Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account."

### Season 2 - Glorify Jesus (John 17:1-5)

<sup>1</sup> When Jesus had spoken these words, he lifted up his eyes to heaven, and said, "Father, the hour has come; glorify your Son that the Son may glorify you, <sup>2</sup> since you have given him authority over all flesh, to give eternal life to all whom you have given him. <sup>3</sup> And this is eternal life, that they know you the only true God, and Jesus Christ whom you have sent. <sup>4</sup> I glorified you on earth, having accomplished the work that you gave me to do. <sup>5</sup> And now, Father, glorify me in your own presence with the glory that I had with you before the world existed.

### **Season 3: Give Thanks for Our Identity in Jesus (John 17:6-9)**

<sup>6</sup> "I have manifested your name to the people whom you gave me out of the world. Yours they were, and you gave them to me, and they have kept your word. <sup>7</sup> Now they know that everything that you have given me is from you. <sup>8</sup> For I have given them the words that you gave me, and they have received them and have come to know in truth that I came from you; and they have believed that you sent me. <sup>9</sup> I am praying for them. I am not praying for the world but for those whom you have given me, for they are yours.

### **Season 4: Pray that We Would Experience the Joy of Jesus (John 17:10-13)**

<sup>10</sup> "All mine are yours, and yours are mine, and I am glorified in them. <sup>11</sup> And I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, keep them in your name, which you have given me, that they may be one, even as we are one. <sup>12</sup> While I was with them, I kept them in your name, which you have given me. I have guarded them, and not one of them has been lost except the son of destruction, that the Scripture might be fulfilled. <sup>13</sup> But now I am coming to you, and these things I speak in the world, that they may have my joy fulfilled in themselves.

### **Season 5: Pray that We Would Be Marked By the Truth of Jesus (John 17:14-19)**

<sup>14</sup> "I have given them your word, and the world has hated them because they are not of the world, just as I am not of the world. <sup>15</sup> I do not ask that you take them out of the world, but that you keep them from the evil one. <sup>16</sup> They are not of the world, just as I am not of the world. <sup>17</sup> Sanctify them in the truth; your word is truth. <sup>18</sup> As you sent me into the world, so I have sent them into the world. <sup>19</sup> And for their sake I consecrate myself, that they also may be sanctified in truth.

### **Season 6: Pray for Unity in Jesus (John 17:20-23)**

<sup>20</sup> "I do not ask for these only, but also for those who will believe in me through their word, <sup>21</sup> that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me. <sup>22</sup> The glory that you have given me I have given to them, that they may be one even as we are one, <sup>23</sup> I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me.

### **Season 7: Pray that We Would See, Savor and Share the Glory of Jesus (John 17:24-26)**

<sup>24</sup> "Father, I desire that they also, whom you have given me, may be with me where I am, to see my glory that you have given me because you loved me before the foundation of the world. <sup>25</sup> O righteous Father, even though the world does not know you, I know you, and these know that you have sent me. <sup>26</sup> I made known to them your name, and I will continue to make it known, that the love with which you have loved me may be in them, and I in them."

### **Season 8: Pray that We Would Be Filled with Wisdom to Discern the Will of Jesus (Colossians 1:9-14)**

<sup>9</sup> And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, <sup>10</sup> so as to walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God. <sup>11</sup> May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy, <sup>12</sup> giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light. <sup>13</sup> He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, <sup>14</sup> in whom we have redemption, the forgiveness of sins.

**Season 9: Pray that We Would Be Rooted in the Love of Jesus (Ephesians 3:14-19)**

<sup>14</sup> For this reason I bow my knees before the Father, <sup>15</sup> from whom every family in heaven and on earth is named, <sup>16</sup> that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, <sup>17</sup> so that Christ may dwell in your hearts through faith--that you, being rooted and grounded in love, <sup>18</sup> may have strength to comprehend with all the saints what is the breadth and length and height and depth, <sup>19</sup> and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

**Season 10: Pray that Christ Jesus Would Be Glorified in Us in this Generation and the Next (Ephesians 3:20-21)**

<sup>20</sup> Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, <sup>21</sup> to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.